

# Pray and Fasting Weekend

## DAY 1- Prayer Focus

**6pm** - Registration/ Room Assignments

**7pm** - WORSHIP

Introductions and announcements

**Session 1:** Prayer and Fasting is not an option

Testimonial

Group time

(Five min break)

**8pm**

**Session 2:** Establishing a life style of prayer and fasting in our lives

Praying through scripture

Group Time- Praying through Scripture

(Five min break)

**8:45 pm**

**Session 3:** Prayer and Fasting as Warfare

Testimony Time

Group time

**9:30 pm**

WORSHIP Time

Testimony Time  
and Activation

**10 PM Closing prayer and announcements**

**11pm** everyone in room/lights out

## DAY 2- Fasting focus

**9 am**

WORSHIP

Announcements

**Session 1:** The ministry of Fasting

Testimonial

Group time

(10 min break)

**10:10 am**

**Session 2:** Hearing God

Group time

(5 mins break)

**11:10 pm**

**Session 3:** Calling out to God (listening)

Activation/ group time

**12-1 pm**

PRAYER AND FASTING TIME (seeking and praying for the camp and for how the Lord wants us to be involved)

**2pm** AGM

**4pm**

Worship

**Session 4-** Breaking a fast,

Testimony time, Debrief

**5 pm,** Communion, Breaking the Fast  
Celebration Supper

**6:30 PM**

Farewells end of weekend